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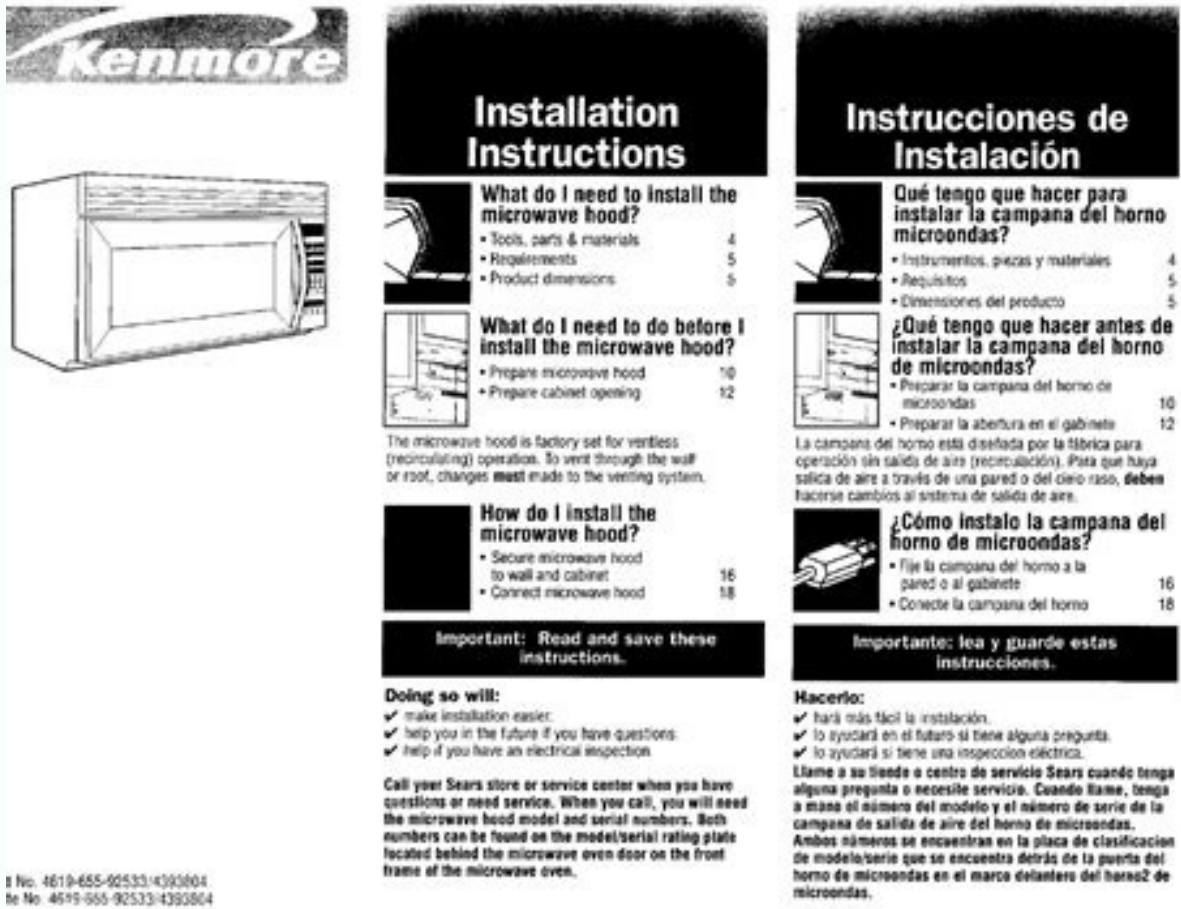
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Kenmore pro microwave owners manual

Kenmore microwave owners manual. Kenmore pro oven manual.



Kenmore microwave user manual.

Home Kenmore Pro Kenmore Pro Microwaves List of all equipment and user manuals Kenmore Pro, stored in the category Microwaves Kenmore Pro Microwaves # User manual Ad 1 Kenmore Pro 89393 Owner's manual Contact information Online user manual database © 2023 by ManualsBase.com. All Rights Reserved. advertisement ▼ Scroll to page 2 of 40 advertisement Thank you for your participation! * Your assessment is very important for improving the work of artificial intelligence, which forms the content of this project Quickly access the manual for your Kenmore appliance. Enter your model number in the search bar below to access Kenmore appliance manuals and resources. Can't find your appliance's use and care guide? Enter your model number above to find owner's manuals for Kenmore washers, dryers, dishwashers, refrigerators, freezers, ice makers, ovens, ranges, stovetops, microwaves, and more. Kenmore manuals can help you get the most out of your appliance and provide important information about parts and accessories.

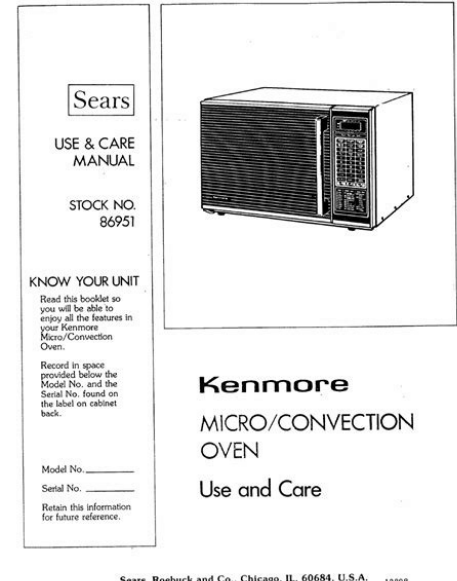
Downloading an official Kenmore manual from our website is also a convenient way of obtaining a back-up in care your original document goes missing. Use & Care Guide Manual de uso y cuidado English / Español Models / Modelos: 790.89393510 Kenmore PRO ® Microwave Hood Combination Combinacion Microondas Camp ana P/N 316495154 Sears Brands Management Corporation HRçman Estates, IL 60179 U.S.A. www.kenmore.Table of Contents Setting Two-Stage Cooking 18 Microwave Power Levels 19 Using Auto Defrost 20 Auto Defrost Table 21-22 Defrosting Tips 23 Sensor Operating Instructions 24 Using Sensor Cook 25 Disclaimer of implied warranties; limitation of remedies Customer's sole and exclusive remedy under this limited warranty shall be product repair or replacement as provided herein. Implied warranties, including warranties of merchantability or fitness for a particular purpose, are limited to one year on the appliance and five years on the magnetron, or the shortest period allowed by law. Seller shall not be liable for incidental or consequential damages.Microwave Oven Safety Your safety and the safety of others is very important. We have provided many important safety messages in this manual and on your microwave oven. Always read and obey all safety messages. This is the safety alert symbol. This symbol alerts you to hazards that can kill or hurt you and others. All safety messages will be preceded by the safety alert symbol and the word "DANGER" or "WARNING.IMPORTANT SAFETY INSTRUCTIONS v The microwave oven should be servic ed only EV TXDOLLHG Vhrvice personnel. Call an authorized service company for examination, repair, or adjustment. v 6HHI ORRU VXrface cleaning instructions in the "Caring for Your Microwave Oven" section. v TR UHGXPH WKH ULVN RI LUHH LQ WKH RYHO FDYLYW - Do not overcook food. Carefully attend to the microwave oven when paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY (a) Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks. (c) Do not operate the oven if it is damaged.Getting to Know Your Microwave Oven This section discusses the concepts behind microwave cooking. It also shows the basics that you need to know in order to operate your microwave oven. Please read this information before using your oven. HOW YOUR MICROWAVE OVEN WORKS Microwave ovens are safe. Microwave energy is not hot. It causes food to make its own heat, and it is this heat that cooks the food.

Microwaves are like TV waves, radio waves, or light waves.FOR THE BEST COOKING RESULTS v SOZDV FRRN IRRG for the shortest cooking time recommended. Check to see how the food is cooking. If needed, touch Add 30 Sec while the oven is operating, or after the cooking cycle is over (see the "Add 30 Sec" section). v 6WLr, turn over, or rearrange the food being cooked about halfway through the cooking time for all recipes. This will help ensure that the food is evenly cooked.HOW TO USE ACCESSORIES Glass Turntable : Possible to use : Recommended method X : Do not use Metal Rack MICROWAVE CONVECTION COMBINATION X Notes: 'R QRW RSHUDWH WKH RYHQ ZKHQ LW LV HPSW HPHSW SUHKHDWLQJ OPERATING SAFETY PRECAUTIONS + Never lean on or allow a child to swing on the door when it is open. + Use hot pads to handle food containers. Microwave energy does not heat containers, but the heat from the food can make the container hot. + Do not use newspaper or other printed paper in the oven. SPECIFICATIONS AC Line Voltage AC Power Required 120V AC, 60 Hz 1650W/14.0amps Microwave Output Power * 1050 W Overall Dimensions(WxHxD) 29 7/8" X 17 9 /16" X 16 1/16" Oven Cavity Dimensions(WxHxD) 21 1/4" X 915/16" X 1423/32" 1.8 cu.ft Capacity of Oven Cavity *IEC 60705 RATING STANDARD 6SHLLFDWLQRV VXMHHFW WR FKDJH ZLWKRXW SULRU QRWLFH MICROWAVE OVEN FEATURES 1 8 2 The microwave oven is designed to make your cooking experience as enjoyable and productive as possible.CONTROL PANEL FEATURES Your microwave oven control panel lets you select the desired cooking function quickly and easily. All you have to do is touch the necessary Command Pad.

The following is a list of all the Command and Number Pads located on the control panel. For more information on these features, see the "Using Your Microwave Oven" section. 14 15 16 17 18 2 1 19 13 3a 12 3b 4 11 10 9 8 7 6 5 1f 1g 1b 1d 1e 1i 1a 1.Microwave Cooking Tips Amount of Food Releasing Pressure in Foods v ,I\RX LQFUHDVH RU GHFUHDVH the amount of food you prepare, the time it takes to cook that food will also change. For example, if you double a recipe, add a little more than half the original cooking time. Check for readiness and, if necessary, add more time in small increments. v 6HYHUDO IRRGV (for example: baked potatoes, sausages, egg yolks, and some fruits) are tightly covered by a skin or membrane.Using Aluminum Foil NOTE: Metal containers should not be used in a microwave oven. There are, however, some exceptions. If you have purchased food prepackaged in an aluminum foil container, refer to the instructions on the package. When using aluminum foil containers, cooking times may be longer because microwaves will only penetrate the top of the food.Using Your Microwave Oven SETTING CONTROL LOCK ON/OFF (Control Panel Feature 8) This section gives instructions for operating each function. Please read this section carefully. To turn ON Control Lock touch Clock & Settings twice.



CLOCK & SETTINGS (Control Panel Feature 8) The microwave oven has settings that allow you to customize the operation for your convenience. Below is the table showing the various settings. Touch the Clock & Settings key multiple times to scroll to the desired setting function.USING CLEAN (Control Panel Feature 8) TURNING VOLUME HIGH/MED/LOW/OFF (Control Panel Feature 8) To enter Clean mode touch Clock & Settings four times. This is a preset timed cycle to boil water creating steam to soften soils inside the microwave oven. When the cycle is done remove the water and wipe the inside of the microwave with cloth. Audible signals are available to guide you when setting and using your oven. v A programming tone will sound each time you touch a pad.SETTING WEIGHT LB/KG (Control Panel Feature 8) Example: To toggle weight between pounds and kilograms. Touch: Display Shows: 5. 1. 2. 6. 3. 7. 4. 8. When START is pressed and the previous setting was OFF then it will be set to ON. 5. SETTING KITCHEN TIMER Touch: 7. 1.USING COOKTOP LIGHT (Control Panel Feature 11) USING VENT FAN (Control Panel Feature 13) The pad controls the 4-speed vent fan. If the vent fan is OFF the first touch of the Vent pad will turn the fan on TURBO, second touch HIGH, third touch MEDIUM, fourth touch LOW,fifth touch OFF. Example: To set the vent fan speed to HIGH from the OFF position. Touch: The pad controls the cooktop light.SETTING TWO-STAGE COOKING USING ADD 30 SEC.



(Control Panel Feature 3b) For best results VRPH UHFLSHV FDOO IRU GLIIHUHOW power levels during a cook cycle. You can program your oven for two power level stages during the cooking cycle.



This is a time-saving pad ,W LV D VLPSOLHG IHDWXUH that lets you quickly set and start microwave cooking at 100% power. Example: To cook for one minute. Touch: Example: To set a 2-stage cook cycle.MICROWAVE POWER LEVELS For best results VRPH UHFLSHV FDOO IRU GLIIHUHQW FRRN powers. The lower the cook power, the slower the cooking. Each number from 1 to 9 stands for a GLIIHUHQW SHUFHQWJDJH RI IXOO FRRN SRZHr. The table also tells you when to use each cook power. Follow recipe or food package instructions if available. NOTE: Refer to a reliable cookbook for cooking times based on the 1050 Watt cook power of your microwave oven.USING AUTO DEFROST(Control Panel Feature 17) OPERATING TIPS v For best results UHPRYH oVh VKHOoVh, meat, and poultry from its original closed paper or plastic package (wrapper). Otherwise, the wrap will hold steam and juice close to the foods, which can cause the outer surface of the foods to cook. v For best results, roll your ground meat into a ball before freezing.AUTO DEFROST TABLE NOTE: Meat of irregular shape and large, fatty cuts of meat should have the narrow or fatty areas shielded with foil at the beginning of the defrost sequence. MEAT SETTINGS FOOD SETTING AT BEEP SPECIAL INSTRUCTIONS BEEF Ground Beef, Bulk MEAT Remove thawed portions with fork. Turn over. Return remainder to oven. Do not defrost less than 1/4 lb. Freeze in ball shape. Ground Beef, Patties MEAT Separate and rearrange. Do not defrost less than 2 oz. patties.AUTO DEFROST TABLE (CONTINUED) POULTRY SETTINGS FOOD SETTING AT BEEP SPECIAL INSTRUCTIONS CHICKEN Whole (up to 6 lbs) POULTRY Turn over breast side down. Cover warm areas with aluminum foil. Separate pieces and rearrange. Place chicken breast-side up in a microwave safe dish. Finish defrosting by immersing in cold water. Remove giblets when chicken is partially defrosted. Place in a microwave safe dish. Turn over.



Cover warm areas with aluminum foil. Finish defrosting by immersing in cold water.DEFROSTING TIPS v :KHQ XVLQJ \$XWR 'HIURVt, the weight to be entered is the net weight (the weight of the food minus the container). v %HIRUH VWUDUWLQ, make sure to remove any and all metal twist-ties that often come with frozen food bags, and replace

v.2SHQ FROWDLQHUs, such as cartons, before placing in the oven. v.0ZDVJ VOLW RU SLHUHF SODVWLF SRXFKHV RU SDFkaging. v.1 IRRG LV IRLO ZUDSSHd, remove foil and place food in a suitable container.SENSOR OPERATING INSTRUCTIONS Sensor Cook allows you to cook most of your favorite foods without selecting cooking times and power levels.

The display will indicate Sensing during the initial sensing period. The oven automatically determines required cooking time for each food item. When the internal sensor detects a certain amount of humidity coming from the food,it will tell the oven how much longer to heat. The display will show the remaining heating time.SENSOR COOK TABLE

DIRECTION CATEGORY Potato Fresh Veggies Frozen Veggies Pierce with fork in several places. Place on paper towel on turntable. After cooking, remove from oven and let stand wrapped in foil for 5 to 10 minutes. Wash and place in casserole. Add no water if vegetables have just been washed.

Cover with lid for tender vegetables.

Use plastic wrap for tender-crisp vegetables.After cooking, stir, if possible.Let stand, covered, for 2 to 5 minutes. Add no water. Cover with lid or plastic wrap.USING QUICK TOUCH Your microwave has preprogrammed selections to cook food automatically. SETTING POPCORN (Control Panel Feature 10) The Popcorn quick touch pad lets you pop 3.3, 3.0, 1.75 ounce bags of commercially packaged microwave popcorn. Pop only one package at a time.

If you are using a microwave popcorn popper, follow manufacturer's instructions. NOTE: Remove the metal shelf from microwave oven when cooking popcorn. Do not use regular paper bags. Do not re-pop unpopped kernels.SETTING MELT/SOFTEN (Control panel Feature 9) MELT/SOFTEN TABLE The oven uses low power to melt and soften items.

See the following table. CATEGORY Example: To melt 2 sticks of Butter. Touch: Display Shows: BUTTER 1. 2. 3. CHOCOLATE 2 ICE CREAM 4. Time counting down Key Food Melt / Soften x1 Melt Butter Melt / Soften x2 Melt Chocolate Melt / Soften x3 Soften Ice Cream Melt / Soften x4 Soften Cream Cheese Amount Key 1 stick 2 sticks 2 oz. 4 oz. 8 oz. Pint 1.5 Quart 3 oz. 8 oz.TIPS FOR CONVECTION COOKING CONVECTION KEEP WARM (Control panel Feature 5) This section gives you cooking instructions and procedures for operating each convection function. Please read these instructions carefully. Convection cooking circulates hot air through the oven cavity with a fan.Example: To set the convection cooking at 350 OF. for 20 minutes without preheating. Touch: Display Shows: 1. 2. 3. 6 4. 5. 2 0 0 0 6. Time counting down NOTE: The temperature range has 10 steps from 100 0 F to 450 0 F.CONVECTION BAKING GUIDELINES 1.

Dark or non-shiny finishes, glass, and pyroceram absorb heat which may result in dry,crisp crusts. 2. Preheating the oven is recommended when baking foods by convection. 3. To prevent uneven heating and save energy, open the oven door to check food as little as possible. Food Breads Cakes Cookies Oven Temp.

Time, Min.CONVECTION BAKING GUIDELINES (cont'd) Food Oven Temp. Time, Min.MEAT ROASTING GUIDELINES FOR CONVECTION COOKING Oven Temp. Food Time, Min.

/1b. Rib roast, bone-in 325°F 23 to 25 Rib roast, boneless 325°F 28 to 33 Tenderloin Pot Roast 300°F 300°F 15 to 20 30 to 35 300°F 30 to 35 Meat Loaf (2 lbs.) Canned (3-lb. fully cooked) 400°F 325°F 65 to 75 18 to 20 Butt (5-lb. fully cooked) 325°F 18 to 20 Shank (5-lb.TIPS FOR COMBINATION COOKING MICRO+CONV COMBICOOK (Control panel Feature 6) This section gives you instructions to operate each combination cooking function. Please read these instructions carefully. Sometimes combination microwave-convection cooking is suggested to get the best cooking results since it shortens the cooking time for foods that normally need a long time to cook. This cooking process also leaves meats juicy on the inside and crispy on the outside.COMBINATION ROAST COOKING GUIDE Oven Temp.

Food Beef Ham Lamb Poultry Seafood Time, Min. / lb. Turn over after half of cooking time. Rib roast, bone-in Rib roast, boneless Beef Tenderloin &KXFN 5XPS RU 3RW 5RDVW 325°F 325°F 375°F 300°F 10 to 14 10 to 14 10 to 14 10 to 22 Turn over after half of cooking time. Canned (3-lb. fully cooked) Butt (5-lb. fully cooked) Shank (5-lb.Caring for Your Microwave Oven In order to ensure that your microwave oven looks good and works well for a long time, you should maintain it properly.

For proper care, please follow these instructions carefully. For interior surfaces: Wash often with warm, sudsy water and a sponge or soft cloth. Use only mild, nonabrasive soaps or a mild detergent. Be sure to keep the areas clean where the door and oven frame touch when closed. Wipe well with clean cloth.CARING FOR THE FILTERS 7KH JUHDVH oOWHU VKRXOG EH UHPRIYHG DQG FOHDQHG RIWHQ DW OHDVW RQH D PRQW. NOTE: Models are shipped for recirculating exhaust (To duct air outside reference the Installation Instructions book included with your microwave.). Some models have a disposable charcoal filter installed to help remove smoke and odors. Replacement oOWHUs are available from Sears by calling 1-800-4-MY-HOME. The charcoal filter FDQQRW EH FOHDQHG DQG VKRXOG EH UHSODFHG HYHry 6 to 12 months.REPLACING THE COOKTOP AND OVEN CAVITY LIGHTS 3. /LIW WKH ERWWRP RI WKH FKDUFRDO oOWHr 6OLGH WKH oOWHU straight out. The cooktop lights 1. Unplug microwave oven or disconnect power. 4.

Lift up the light cover. 2. Remove the light cover mounting screw for the specific LED light you want to replace. 3. Replace with 1.5w LED light, the part number is 5304499540. 5. Remove burnt out LED light and replace only with an equivalent 1.Questions and Answers QUESTIONS ANSWERS Can I operate my microwave oven without the glass No. If you remove or turn over the glass turntable, you turntable or turn the turntable over to hold a will get poor cooking results.Troubleshooting 0RVW FRRNLQJ SUREOHPV RIWHQ DUH FDXVHG E\ OLWWOH WKLQJV WKDW \RX FDQ ILQG DQG IL[ZLWKRXW WRROV RI DQ\ NLQd. Check the lists below and on the next page before calling for assistance or service. If you still need help, call Sears Service at 1-800-4-MY-HOME. MICROWAVE OVEN DOES NOT WORK PROBLEM CAUSE Nothing works. v 7KH SRZHU VXSS\ FRUG LV QRW SOXJJHG LQWR D JURXQGHG SURQJ outlet.Page 2Sears ServiceMaster Protection Agreement Congratulations on making a smart purchase.Your new Kenmore® product is designed and manufactured for years of dependable operation. But like all products, it may require preventive maintenance or repair from time to time.That 's when having a Master Protection Agreement can save you money and aggravation. The Master Protection Agreement also helps extend the life of your new product. Here 's what the Agreement* includes: Parts and laborunder normal use.Our coverage goes well beyond the product warranty. No deductibles, no functional failure excluded from coverage - real protection.Expert service by a force of more than 10,000 authorized Sears service technicians, which means someone you can trust will be working on your product. Unlimited service calls and nationwide service, as often as you want us, whenever you want us. "No-lemon" guarantee - replacement of your covered product if four or more product failures occur within twelve months. Product replacement if your covered product can 't be fixed. Annual Preventive Maintenance Check at your request- no extra charge. Fast help by phone- we call it Rapid Resolution - phone support from a Sears representative on all products. Think of us as a "talking owner's manual." Power surge protection against electrical damage due to power fluctuations. \$250 Food loss Protection annually for any food spoilage that is the result of mechanical failure of any covered refrigerator or freezer. Rental reimbursement if repair of your covered product takes longer than promised. off the regular price of any non-covered repair service and related installed parts. Some limitations and exclusions apply. For prices and additional information in the U.S.A. call 1-800-827-6655.* Coverage in Canada varies on some items. For full details, call Sears Canada at 1-800-361-6665. Sears Installation Service For Sears professional installation of home appliances, garage door openers, water heaters, and other major home items, in the U.S.A. or Canada call 1-800-4-MY-HOME®. not just for repairing defects, but to help keep products operating properly 25% discountOnce you purchase the Agreement, a simple phone call is all that it takes for you to schedule service. You can call anytime, day or night, or schedule a service appointment online. The Master Protection Agreement is a risk free purchase. If you cancel for any reason during the product warranty period, we will provide a full refund.Or, a prorated refund anytime after the product warranty period expires. Purchase your Master Protection Agreement today! Disclaimer of implied warranties; limitation of remedies Customer's sole and exclusive remedy under this limited warranty shall be product repair or replacement as provided herein.

Implied warranties, including warranties of merchantability or fitness for a particular purpose, are limited to one year on the appliance and five years on the magnetron, or the shortest period allowed by law. Seller shall not be liable for incidental or consequential damages. Some states and provinces do not allow the exclusion or limitation of incidental or consequential damages, or limitation on the duration of implied warranties of merchantability or fitness, so these exclusions or limitations may not apply to you. This warranty applies only while this appliance is used in the United States or Canada*.

This warranty gives you specific legal rights, and you may also have other rights which vary from state to state. Sears Brands Management Corporation, Hoffman Estates, IL 60179 Sears Canada Inc., Toronto, Ontario, Canada M5B 2C3 Page 3Sears Service 4Microwave Oven Features

.....10Control Panel Features 11Microwave Cooking Tips 12-13Using Your Microwave Oven 14Interrupting Cooking 17ClockMicrowave Power Levels 19Auto Defrost TableDefrosting Tips

.....23Using Quick Touch 26Caring for Your Microwave Oven 35Caring for the FiltersReplacing the Cooktop and Oven Lights Questions andTable of Contents & Settings 14-16 21-22

.....36 Answers 38Setting Kitchen Timer 16Using Vent Fan 17Using Add 30 Sec 1Setting Timed Cooking with Power Level.....1Setting Two-Stage Cooking

.....18Using Auto Defrost 20Using Sensor Cook 24Using Sensor Reheat 24.....37Troubleshooting 39Using Cooktop Light 17Setting Timed Cook

.....17Using One Touch Start 17Sensor Cook Table 25Sensor Reheat Table 25Setting Melt/Soften 27Using Vent Delay 17Tips For Convection Cooking

.....28Convection Keep Warm 28Convection Bake Roast 28-29Micro Conv Combicook 30-31Meat Roasting Guidelines For Convection Cooking 32Tips For Combination

Cooking 33Combination Roast Cooking Guide 34Warranty 2Microwave Oven Safety 4Getting to Know Your Microwave Oven 7How Your Microwave Oven Works 7Radio Interference

.....7For the Best Cooking Results 8Cookware Guide 8Operating Safety Precautions 9Electrical Connection 9Cooking Comparison Guide.....7How To Use

Accessories.....9Specifications 10Sensor Operating Instructions 2Combination Bake Cooking Guide 34Master Protection Agreement.....38840Popcorn 26KENMORE PRO LIMITED

WARRANTYWITH PROOF OF SALE, the following warranty coverage applies when this appliance is correctly installed, operated and maintained according to all supplied instructions. FOR ONE YEAR from the date of sale this appliance is warranted against defects in material or workmanship. A defective appliance will receive free repair or replacement at option of seller. FOR FIVE YEARS from the date of sale, the magnetron of this appliance is warranted against defects in material or workmanship. A new magnetron will be supplied for a defective one free of charge. Safety regulations require that the magnetron be installed by Sears. After the first year from the sale date you are responsible for the labor cost of magnetroninstallation. For warranty coverage details to obtain free repair or replacement, visit the web page. www.kenmore.com/warrantyAll warranty coverage applies for only 90 DAYS from the sale date in the United States, and is void in Canada, if this appliance is ever used for other than private household purposes. This warranty covers ONLY defects in material and workmanship, and will NOT pay for: 1. Expendable items that can wear out from normal use, including but not limited to filters, belts, bags or screw-in base light bulbs. 2. A service technician to clean or maintain this appliance, or to instruct the user in correct appliance installation, operation and maintenance. 3. Service calls to correct appliance installation not performed by Sears authorized service agents, or to repair problems with house fuses, circuit breakers, house wiring, and plumbing or gas supply systems resulting from such installation. 4. Damage to or failure of this appliance resulting from installation not performed by Sears authorized service agents, including installation that was not in accord with electrical, gas or plumbing codes. 5. Damage to or failure of this appliance, including discoloration or surface rust, if it is not correctly operated and maintained according to all supplied instructions.

6. Damage to or failure of this appliance, including discoloration or surface rust, resulting from accident, alteration, abuse, misuse or use for other than its intended purpose. 7. Damage to or failure of this appliance, including discoloration or surface rust, caused by the use of detergents, cleaners, chemicals or utensils other than those recommended in all instructions supplied with the product. 8. Damage to or failure of parts or systems resulting from unauthorized modifications made to this appliance. 9. Service to an appliance if the model and serial plate is missing, altered, or cannot easily be determined to have the appropriate certification logo. Page 4Your safety and the safety of others is very important.We have provided many important safety messages in this manual and on your microwave oven. Always readand obey all safety messages. This is the safety alert symbol. This symbol alerts you to hazards that can kill or hurt you and others. All safety messages will be preceded by the safety alert symbol and the word "DANGER" or "WARNING." These words mean:You will be killed or seriously injured if you do not follow instructions immediately.You can be killed or njured if you do not follow instructions.All safety messages will identify the hazard, tell you how to reduce the chance of injury, and tell you whatcan happen if the instructions are not followed.When using electrical appliances, basic safety precautions should be followed, including the following:WARNING: To reduce the risk ofburns, electric shock,ore, injury to persons, vRead all instructions before using the microwave oven.vRHDGDQGIROORZWKHVSHFLQF35(&\$87,216TOAVOID POSSIBLE EXPOSURE TO EXCESSIVEMICROWAVE ENERGY" found on page 6.v7KHPLFURZDYHRYHQPXVVEHJURXQGHd. Connectonly to properly grounded outlet. See "GROUNDING INSTRUCTIONS" found on page 6.vQVDOORURDFDWHWKHPLFURZDYHRYHQRQQLQccordance with the provided installation instructions.v6RPHSURGXFWV\FKDVZKROHHJJVLQWKHVKHVKHOODQGsealed containers, such as d jars, can explodeand should not be heated in the microwave oven.v8VHWKHPLFURZDYHRYHQRQQLRULWLVLQWHQGHHGXVHDVdescribed in this manual.vRQRWXVHFRRUURVLYHFKHPLFDQVRYUDSRUVLQWKHmicrowave oven7KLWV\SHRIRYHQLVSHFLQFDQOdesigned to heat, cook, or dry food.

It is not designed for industrial or laboratory use.v\$VZLWKDQDSSOLDQFe, close supervision is necessarywhen used by children.vRQRWRSHUDWHWKHPLFURZDYHRYHQLILWKDQDdamaged cord or plug, if it is not working properly, or if it has been damaged or dropped. seriously iDANGERWARNINGMicrowave Oven SafetyIMPORTANT SAFETY INSTRUCTIONSor exposure to excessive microwave energy:SAVE THESE INSTRUCTIONSclosePage 5